Somerdale Term 1

LUNCH MENU

Meat Free

EAT WELL - FEEL BETTER - LEARN MORE

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Monday Homemade

Pizza Pinwheels Served with Herby Potatoes and Salad Homemade Butter Chicken Curry

Tuesday

Served with Steamed Rice and Broccoli Beef Burger

Wednesday

Served with Onion Rings and Seasonal Vegetables Homemade Chicken Pasta in Cheese Sauce

Thursday

Served with Sweetcorn Friday

Oven Baked Fish Fillet Served with Oven Fries and Baked Beans



Fresh Baked Jacket Potato

Served With Baked Beans and Cheese Homemade Mild Vegetarian Chilli

Served with Steamed Rice and Broccoli Pasta in Homemade Tomato Sauce or Plain

> Served with Seasonal Vegetables

Homemade Maccaroni Cheese

Served with Sweetcorn Oven Baked Quorn Dippers

Served with Oven Fries and Baked Beans



Sandwich Option Fresh Baked Cheese Baguette with Veg Sticks and Herby Potatoes Fresh Baked Ham or Cheese Baguette with Veg Sticks and Tortilla Chips Fresh Baked Ham or Cheese Baguette with Veg Sticks and Tortilla Chips Fresh Baked Ham or Cheese Baguette with Veg Sticks and Tortilla Chips Fresh Baked Ham or Cheese Baguette with Veg Sticks and Oven Fries



Homemade Chocolate Concrete

Fresh Fruit Yoghurt Homemade Pineapple Upside down Cake

Fresh Fruit Yoghurt Homemade Chocolate Chip Shortbread

> Fresh Fruit Yoghurt

Homemade Raspberry Cupcake Fresh Fruit

Yoghurt

Scoop of Ice-cream Fresh Fruit Yoghurt



Fresh

Nutritious

