Somerdale Term 2

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

Delicious

Fresh







	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Margherita Pizza Served with Onion Rings and Fresh Salad	Sweet and Sour Chicken Served with Steamed Rice and Broccoli	Butchers Meatballs In Tomato Sauce Served with Pasta and Sweetcorn	Mild Chilli Con Carne Served with Cous Cous and Seasonal Vegetables	Oven Baked Chicken Chunks Served with Potato Crunchies and Baked Beans
Hot Green Vegetarian	Oven Baked Pesto and Tomato Gnocchi Served With Fresh Salad	Sweet and Sour Quorn Pieces Served with Steamed Rice and Broccoli	Lentil Bolognaise Served with Pasta and Sweetcorn	Mild Five Bean Chilli Served with Cous Cous and Seasonal Vegetables	Oven Baked Quorn Nuggets Served with Potato Crunchies and Baked Beans
Sandwich Option	Fresh Baked Jacket Potato with Baked Beans or Cheese Served with Vegetable sticks	Fresh Baguette Filled with Ham, Tuna Mayo or Cheese with Vegetable Sticks & Cous Cous	Fresh Baked Jacket Potato with Baked Beans, Tuna Mayo or Cheese Served with Vegetable sticks	Fresh Baguette Filled with Ham, Tuna Mayo or Cheese with Vegetable Sticks & Cous Cous	Fresh Baked Jacket Potato with Baked Beans, Tuna Mayo or Cheese Served with Vegetable sticks
Homemade Dessert	Fresh Fruit Yoghurt	Jam and Coconut Cake Fresh Fruit Yoghurt	Peach and Pineapple Crumble and Custard Fresh Fruit Yoghurt	Fresh Fruit Yoghurt	Ice Cream Fresh Fruit Yoghurt

Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust