

Somerdale Term 4

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Meat Free

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Homemade
Pizza Pinwheels

Served with
Steamed Rice and
Broccoli

Oven Baked
Jumbo Fish Finger

Served with
Herby Diced
Potatoes and Peas

Roast Chicken

Served with
Roast Potatoes,
Stuffing, Seasonal
Vegetables and
Gravy

Homemade
Pasta and
Meatballs

Served with
Fresh Mixed Salad

Oven Baked
Pork Sausage Roll

Served with
Oven Fries &
Baked Beans

**Hot Green
Vegetarian**

Homemade
Vegetarian Chilli

Served With
Steamed Rice and
Broccoli

Vegan Fishless
Fingers

Served with
Herby Diced
Potatoes and Peas

Roast
Quorn Fillet

Served with
Roast Potatoes,
Stuffing, Seasonal
Vegetables and Gravy

Pasta
with Homemade
Tomato sauce or
Plain

Served with Fresh
Mixed Salad

Veggie Hotdog

Served with
Oven Fries &
Baked Beans

**Sandwich
Option**

Fresh Baked
Potato with
Baked Beans
or Cheese
with Veg sticks

Fresh made Roll
Filled with Ham,
Tuna Mayo or
Cheese with Veg
Sticks & Tortilla
Chips

Fresh Baked
Potato with
Baked Beans,
Tuna Mayo or
Cheese
with Veg sticks

Fresh made Roll
Filled with Ham,
Tuna Mayo or
Cheese with Veg
Sticks & Tortilla
Chips

Fresh Baked
Potato with
Baked Beans,
Tuna Mayo or
Cheese
with Veg sticks

Dessert

Homemade
Oat Cookie

Fresh Fruit
Yoghurt

Homemade
Chocolate
Crunch

Fresh Fruit
Yoghurt

Homemade
Cherry Flapjack

Fresh Fruit
Yoghurt

Homemade
Lemon Drizzle
Cake

Fresh Fruit
Yoghurt

Scoop of
Ice-cream

Fresh Fruit
Yoghurt



Tasty

Nutritious

Delicious

Fresh

