## Somerdale Term 5

## LUNCH MENU

	160	EAT WELL - FEEL BETTER - LEARN MORE				
	300	Monday	Tuesday	Wednesday	Thursday	Friday
Tasty	Hot Red	Homemade Margarita Pizza Served with Corn on the Cob and Homemade Coleslaw	Homemade Sweet and Sour Chicken Served with Chinese Style Rice and Broccoli	Chicken Burger Served with Potato Crunchies and Seasonal Vegetables	Homemade Creamy Ham Pasta Served with Garlic Bread and Fresh Salad	Oven Baked Fish Fillet Served with Oven Baked Chips and Baked Beans or Peas
	Hot Green Vegetarian		Homemade Sweet and Sour Quorn Served with Chinese Style Rice and Broccoli	Vegetarian Hotdog Served with Potato Crunchies and Seasonal Vegetables	Homemade Seven Vegetable Pasta Bake Served with Garlic Bread and Fresh Salad	Oven Baked Quorn Fishless Fingers Served with Oven Baked Chips and Baked Beans or Peas
Delicious	Jacket	Hot Jacket Potat	oes Served Daily with V	/eg & Filled with a choid	ce of Baked Beans, Tun	a Mayo* or Cheese
	Sandwich Option	Fresh Roll with Quorn Dippers or Cheese Served with Tortilla Chips and Veg Sticks	Fresh Roll with Tuna or Egg Mayo Served with Tortilla Chips and Veg Sticks	Fresh Roll with Ham or Cheese Served with Potato Crunchies and Veg Sticks	Fresh Roll with Tuna or Egg Mayo Served with Tortilla Crisps and Veg Sticks	Fresh Roll with Ham or Cheese Served with Oven Chips and Veg Sticks
		Homemade	I la ma ma de	Homemade	Homomodo	Las Crasus



Homemade Cherry Shortbread Fresh Fruit Yoghurt Homemade Honey Cake Fresh Fruit Homemade
Peach and Carrot Cake
Fresh Fruit
Yoghurt

Homemade Vanilla Fork Biscuit Fresh Fruit Yoghurt

Ice Cream Fresh Fruit Yoghurt



Nutritious



Contact the Office for all Dietary and Allergy related questions.

\*Not available on Monday