

Somerdale Term 5

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Meat Free

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Homemade Margherita Pizza
Served with Cous Cous and Seasonal Vegetables

Oven Baked Jumbo Fish Finger
Served with Potato Crunchies and Baked Beans

Homemade Katsu Style Chicken Curry
Served with Steamed Rice and Broccoli

Homemade Chicken Pasta Alfredo
Served with Fresh Mixed Salad

Beef Burger
Served in a Bun with Oven Fries & Sweetcorn

Hot Green Vegetarian

Homemade Vegetable Samosa Puff
Served With Cous Cous and Seasonal Vegetables

Quorn Sausage
Served with Potato Crunchies and Baked Beans

Homemade Sweet Potato and Chickpea Curry
Served with Steamed Rice and Broccoli

Pasta with Homemade Tomato sauce or Plain
Served with Fresh Mixed Salad

Homemade Cauliflower Cheese Bake
Served with Oven Fries & Sweetcorn

Sandwich Option

Fresh Baked Jacket Potato with Baked Beans or Cheese
Served with Vegetable sticks

Freshly made Roll Filled with Ham, Tuna Mayo or Cheese with Vegetable Sticks & Tortilla Chips

Fresh Baked Jacket Potato with Baked Beans, Tuna Mayo or Cheese
Served with Vegetable sticks

Freshly made Roll Filled with Ham, Tuna Mayo or Cheese with Vegetable Sticks & Tortilla Chips

Fresh Baked Jacket Potato with Baked Beans, Tuna Mayo or Cheese
Served with Vegetable sticks

Dessert

Homemade Vanilla Fork Biscuit
Fresh Fruit
Yoghurt

Homemade Fruit Crumble Slice
Fresh Fruit
Yoghurt

Homemade Anzac Biscuit
Fresh Fruit
Yoghurt

Homemade Raspberry Cupcake
Fresh Fruit
Yoghurt

Ice-cream Tub
Fresh Fruit
Yoghurt



Tasty

Nutritious

Delicious

Fresh

