

## **Somerdale Educate Together Lunch Menu**

### **Dairy Free**

	<b>Meat free Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Fish Friday</b>
<b>Meat option</b>	Homemade Dairy free Cheese and Tomato Pizza	Herby Lemon Chicken	Roast Pork	Beef Burger in a Bun	MSC Fish Fillet
<b>Vegetarian option</b>	Jacket Potato with Baked Beans and Dairy Free cheese/ Tuna Mayonaise	Curried Chickpea Burger	Roast Quorn Fillet	Dairy Free Macaroni Cheese	Mild 5 Bean Chilli
<b>Sides</b>	Veggie Sticks	Roasted Vegetable Cous Cous & Fresh Mixed Salad	Homemade Roast Potatoes, Broccoli, Carrots, Stuffing, and Gravy	Homemade Potato Wedges and Sweetcorn	Chips, Baked Beans or Peas , Homemade Bread, Tomato Ketchup.
<b>Dessert</b>	Chefs Homemade Fruit Flapjack	Chef's Homemade Fruity Muffin	Fresh Fruit Platter or Dairy free Yoghurt	Chef's Homemade Lemon Cupcakes	Fruit Sorbet

***Each day there is also an option of fresh fruit and yoghurt for dessert***